## 2nd Nestos Climbing Festival, Xanthi



The Greek Alpine Clubs of Xanthi and Komotini coorganize the 2nd Climbing Festival in the Nestos River region for 2019 held on the 8th and 9th June. The large number of climbing routes In Nestos's "Thracian Tempi", the very good rock quality, the easy access and the variety of routes for all levels, classify the fields of Nestos in the most important and most beautiful climbing sports fields in Greece. Nature lovers can escape to nature by choosing the sport that suits them best like hiking, cycling, canoe kayak or even have fun doing slack line, flying fox or playing on the beautiful beach by the river.

Including a wide variety of activities, the festival's purpose is to attract a large and diverse number of visitors. During the Festival there is the possibility of parallel activities, such as:

- · Hiking in the Straits of Nestos
- · Yoga at the beach of Galani
- Flying fox
- Canoe kayak
- · Climbing on artificial wall

## Saturday 8 June

**09:00 - 20:00** Secretariat open for registration and information.

**10:00 - 12:00** In the climbing field of Balcony there will be fixed easy routes and belayer, for those who want to try climbing but have no experience. Also children and beginners can try climbing on an artificial wall near the secretariat area.

**19:00** On beach of Nestos will take place a relaxing Yoga program.

**21:30** Welcoming by the Alpine Clubs of Xanthi



and Komotini, music, relaxation and projection of climbing material in the Nestos kanteen next to the beach.

## Sunday 9 June

**09:00 - 17:00** Secretariat open for registration and information.

**10:00 - 13:00** Beautiful walk-tour on the trail by the Straits of Nestos.

**10:00 - 12:00** Rope climbing on artificial wall for children and beginners in the area of secretariat.

**12:00-14:00** In the Balcony climbing field, there will be easy routes and bilayers for those who want to try climbing but have no experience.